

# ATLANTA HOMES & LIFESTYLES

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12.22

*Christine,  
Thanks for you help with the  
article - you're providing a  
great service.*

*Have a wonderful holiday  
Season!*

*Best  
Client*

*Clinton Ross Smith  
EDITOR-IN-CHIEF*

## Life 101

A new LIFESTYLE DESIGN workshop offers practical tools for BALANCED LIVING

Designer Christine Eisner is changing the way Atlantans think about their homes. "Almost everyone has a desire to 'live better,'" Eisner says, "but it seems that in the process of daily life, we often lose sight of what 'better' looks and feels like."

Launched a year ago, her Lifestyle Design workshop series provides practical, easy-to-implement tools that, when combined, help people reconnect with their surroundings in new ways. Using principles of American, European and Asian design and thinking, the focus of her classes is more on the basics of planning,

design and how spaces function as opposed to decorating.

"By being more intentional about how you live your life," says Eisner, "you can create a lifestyle that works for you and your family, without it being complicated, time-consuming or costly."

Each week's topic will examine aspects of physical space and how it contributes to—or detracts from—comfort, time and personal growth.

"The reason I offer this in January is because it's when a lot of people try to reexamine their priorities and how they live," Eisner says. "The spirit of

the workshop is very interactive and comfortable. I've had people consistently share with me how they end up with a new sense of confidence and empowerment—even the teenagers and seniors."

There's no doubt Eisner's design philosophy comes from living among various cultures around the world. Before moving to Atlanta 12 years ago and receiving her certification in residential interior design and starting Tandem Design Group, she spent 10 years in London and New York City working in marketing, event planning and fundraising at

Sotheby's International Realty and Polo/Ralph Lauren. An American and Swiss citizen, she has a degree in Mandarin Chinese and business from Georgetown University and has taught and studied in Shanghai and Taipei. Eisner also manages a working fluency of Mandarin Chinese, French and Swiss German.

The Lifestyle Design workshop consists of five weekly classes that are held on consecutive Tuesdays from 9:30 a.m.-12:30 p.m. The fee is \$225, and since the class size is limited, early registration is recommended. The next available workshop begins on January 25. For more information, call Eisner at (404) 843-5140, or email her at [c.eisner@comcast.net](mailto:c.eisner@comcast.net).

A similar, more formal class by the same name at the Atlanta College of Art is also taught by Eisner. These sessions are for credit in the school's residential interior design program and are held in fall and spring. For information on those classes, call the school at (404) 733-5001 or go to [aca.edu](http://aca.edu).

— Clinton Ross Smith



"I work with people (in workshops and in one-on-one consultations) in making lifestyle transitions," says Designer Christine Eisner, who also often lectures on various aspects of lifestyle design. Here are the types of people who might benefit from her classes.

- Singles, couples or families making changes to homes they already rent or own
- Families moving into new homes (but who want to customize their surroundings to be)
- Families seeking to downsize (from a larger to smaller home)
- Teens who want their rooms to better reflect their wants and needs
- People who need to rethink their surroundings to allow for lifestyle changes due to divorce, illness or death